



ADVANTAGE CENTER
281.494.8701 F: 281.494.8723
1600 Highway 6 Suite 440
Sugar Land, Texas 77478

Step into Your Life™ - Step into Sync™



Vicki Simmons

Speaker | Trainer | Consultant

www.vickisimmons.com

A native Kentuckian, Ms. Simmons moved to Texas in 1991. She has been married for 24 years and has two children. She enjoys golf, quilting and reading. She has served in a volunteer capacity in her children's schools and in her church. She has opportunities to speak to many organizations within her community and is regularly invited to speak or create a retreat experience for women's groups, churches and organizations on the topics of life/work balance, peak performance, communication and choice.

Ms. Simmons received her Bachelors of Science of Social Work from Spalding University and her Masters of Science of Social Work from the University of Louisville, graduating with honors from both programs. Prior to establishing her private consulting business she worked in the public sector providing services in community mental health, in-patient psychiatric hospital care, retail banking, residential construction and community ministries. She has served on the boards of the local and state chapters of the National Association of Social Workers, church and school.

Her strengths are in creating programs of lasting value utilizing her supervisory, coaching, and leadership skills. In 1988 she founded her company, **Vicki Simmons, LCSW**, in order to provide training, consulting, coaching and therapy services to individuals, businesses and organizations. In 1996 she renamed her company, **Advantage Center**. With specializations in peak performance and communication she has designed programs that build foundations for mastery in the areas of team building, effective management and leadership, stress management and change. She incorporates popular programs into the work that she does in order to add value for her clients. Programs such as **DiSC™**, **FISH™**, **IT HAPPENS™** and **Senior Team Alignment Process** are used as a spring board into creating **Businesses in Sync**. Working from a systems perspective, Ms. Simmons begins with the end in mind when working to enrich an existing team or facilitating the development of a new team.

She has developed strategic alliances with several independent consultants (*The Houston Idea Team*) in order to better serve the ever changing needs of her clients. Programs offered may begin with selection tools for employees that fit the culture of the company to retention tools and programs to maximize engagement of existing human resources at all levels. In order to stay current with the training needs of businesses that have employees scattered across the country or across oceans, Ms. Simmons offers blended learning opportunities which include on-line programs that enable employees to learn at their own pace and on their own time frame, as well as live tele-class training. The tele-class training helps to defer the cost of travel expenses and can be used as a stand alone program or as a follow-up to *classroom* training program.



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Step into Sync™
Seminars | Workshops | Coaching

Step into Your Life™ - Businesses in Sync™



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WAYA: What Are You Attracting?

This motivational presentation emphasizes accomplishing actions that make a difference. Get huge results when you put the power of attraction into action. Participants will discover techniques to improve both their personal and professional lives. This presentation is designed for the brown bag luncheon meeting or after dinner lecture.

Step into Sync: Turning Stress into Strength

Attendees in this seminar will learn to recognize, manage and prevent the anxiety associated with stress. Techniques are presented to increase productivity, increase personal satisfaction, increase energy and decrease burnout risk.

FISH™: This presentation can be served during a brown bag session, built into a full day of training or incorporated into an ongoing team building initiative. The FISH! Philosophy is a global phenomenon that is helping thousands of organizations in 28 countries become alive, engaged and more profitable! This workshop looks at how commitment to your organizations vision is the key to bringing life and energy to your work. It will enrich both personally and professionally.

FISH STICKS™: If you have already taken your crew on the FISH expedition then you may be ready for the next step: How to keep FISH! alive. Commit, Be and Do, learning to coach the process.

IT HAPPENS™: This three hour workshop allows participants to embrace the tools to becoming change resilient. Through a combination of viewing a video, live discussion and interactive activity the participants will come away with hands-on tools for managing change. This program will benefit participants personally as well as professionally. We will embrace Ruff, Rosie and Blink (*the characters in the video*) as they unlock the puzzle to becoming change resilient.

Presentations on the Go: For companies with employees spread across the nation, this is a convenient way to provide training to meet the needs of change management, long distance team building, and effective communication skill development. Utilizing either a live tele-class format or on-line self paced learning programs to enrich, engage and build a sense of connection.

Customer Service: The Wheel of Fortune. This program is a two-day training and incorporates the language of DiSC™ Indra® to develop a customer service culture that responds to the behavioral and relationship styles of your clients. Your employee will develop a thorough sense of their own strengths and a sense of behaviors under pressure. From there they will have an opportunity to practice their flexibility in matching other styles. The most effective and productive customer service combines self mastery with other awareness. For the beginner or the seasoned service representative this program provides a foundation for success.

Teams In Sync: This process is designed to cover nine to eighteen months of training and development; creating team alignment. This program is designed for the senior team and incorporates an internal coaching process that enables the participants to take what they learn to their respective employee groups and or teams after first mastering it within the executive team setting. We begin and end on purpose, creating a foundational language that is incorporated into every step of the process.